

### Excellence Through Enjoyment

Children are given opportunities beyond the classroom through educational visits and we utilise visitors to school including the Police, Fire Service and the Life Bus.



### Intent - We aim to:

Ensure children know what is a healthy lifestyle and how to keep themselves safe.

Ensure children have a strong sense of self-worth and respect for others.

Ensure that children understand how to develop healthy relationships.

Provide children with the tools needed to recognise and communicate a range of emotions.

Design a curriculum that considers our school context.

### Implementation - How do we achieve our aims?

#### Curriculum Design

- Teachers adapt the curriculum to meet the needs of our learners
- Our PSHE curriculum is implemented through a comprehensive scheme of work provided by Coram Life Education, SCARF
- PSHE objectives are linked to learning in the wider curriculum
- Whole school assemblies make links to PSHE, SMSC and British Values

#### Staying Safe and Healthy

- Links made between everyday activities and how these can impact well-being e.g. sleep, exercise, healthy eating
- Staff and children talk freely about the importance of staying healthy including mental health

#### Informed Choices

- Children are taught their rights and consequences of their decisions
- Children are taught how to keep themselves safe in a variety of contexts including online

#### Culture

- Staff create safe environments where children feel safe to express themselves
- Diversity, including protected characteristics, are reflected in the resources we use in school
- Relationships are based on mutual respect

#### Emotional Literacy

- Children will be taught to understand their emotions
- Children are taught mindfulness activities to self-regulate
- Children are taught the skills needed to self-regulate and encouraged to use these both inside and outside school
- Children will be taught age-appropriate vocabulary so they can communicate their emotions

### Impact - How will we know when we have achieved our aims?

Children feel safe in school and know what to do if they feel unsafe or unsure.

Children show respect for themselves and others and can maintain healthy relationships.

Children demonstrate a healthy outlook towards school.

Children become individuals that are healthy, independent and responsible.

Pupil voice indicates that children feel listened to, represented and that their contributions are valued and celebrated.